

LATTE

Pattern game from Control Unleashed® by Leslie McDevitt

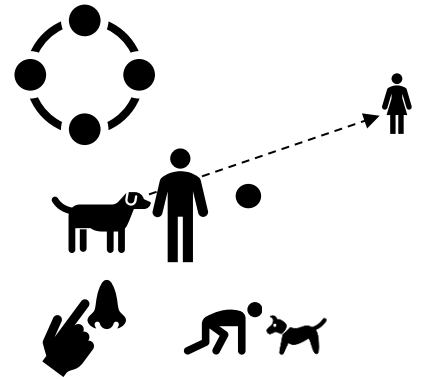
LATTE helps the dog learn to engage with the environment and decompress in the presence of potential triggers.

SET UP

Set up a decompression loop of enrichment stations that encourage sniffing, licking, foraging, or chewing (eg. snuffle mat/Lickimat/box) in a quiet location. Have a helper at the appropriate distance.

- If your dog knows LAT, ask them to find the helper before you reach the first station.
- If not, ask for TAB or initiate Up Down.


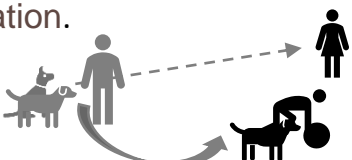
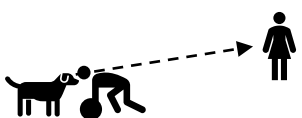
If your dog is able to TAB, have a conversation, or engage in a pattern in the presence of the helper, they are ready to continue.



LOAD STATION

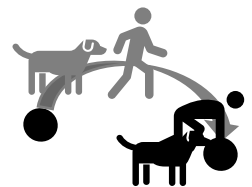
Lead your dog over to the first station and scatter/smear food for your dog to eat.



DOG ORIENTS	DOG NOTICES HELPER	
If they just look up at you, lead them to the next station and load it. 	Acknowledge the look and when they orient to you, lead them to the next enrichment station. 	If they notice the helper and DON'T orient back to you, refill the current station 

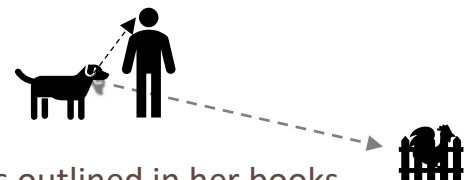
CONTINUE LOOP

Continue leading your dog to the next enrichment station each time they orient (dog doesn't have to look at helper) working your way around the loop.



CHANGE ENVIRONMENT

Play this pattern game in new locations or with novel stimulus.



Leslie McDevitt's Control Unleashed Program is outlined in her books and DVDs, available at www.cleanrun.com.



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